



# Rocky Trail MTB Grand Prix 2010 - Rd3, GP4+GP8

## Fastest Female Day Laps

18:31  
Sunday

Place	Time	Rider	Av Spd	Category	Team Name
1	25:48	Trudy Nicholas	23.26	GP4 Female Solo	Trudy Nicholas
2	25:50	Katrin Van Der Spiegel	23.23	GP8 Female Solo	Katrin Solo
3	26:05	Trudy Nicholas	23.00	GP4 Female Solo	Trudy Nicholas
4	26:13	Rachelle Koster	22.89	GP4 Mixed Team 2	Geko
5	26:17	Katrin Van Der Spiegel	22.83	GP8 Female Solo	Katrin Solo
6	26:21	Trudy Nicholas	22.77	GP4 Female Solo	Trudy Nicholas
7	26:30	Katrin Van Der Spiegel	22.64	GP8 Female Solo	Katrin Solo
8	26:30	Rachelle Koster	22.64	GP4 Mixed Team 2	Geko
9	26:31	Trudy Nicholas	22.63	GP4 Female Solo	Trudy Nicholas
10	26:34	Katrin Van Der Spiegel	22.58	GP8 Female Solo	Katrin Solo
11	26:35	Katrin Van Der Spiegel	22.57	GP8 Female Solo	Katrin Solo
12	26:37	Trudy Nicholas	22.54	GP4 Female Solo	Trudy Nicholas
13	26:37	Katrin Van Der Spiegel	22.54	GP8 Female Solo	Katrin Solo
14	26:41	Katrin Van Der Spiegel	22.49	GP8 Female Solo	Katrin Solo
15	26:42	Trudy Nicholas	22.47	GP4 Female Solo	Trudy Nicholas
16	26:43	Trudy Nicholas	22.46	GP4 Female Solo	Trudy Nicholas
17	27:16	Katrin Van Der Spiegel	22.00	GP8 Female Solo	Katrin Solo
18	27:18	Rachelle Koster	21.98	GP4 Mixed Team 2	Geko
19	27:23	Rachelle Koster	21.91	GP4 Mixed Team 2	Geko
20	27:25	Katrin Van Der Spiegel	21.88	GP8 Female Solo	Katrin Solo



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21	27:35	Trudy Nicholas	21.75	GP4 Female Solo	Trudy Nicholas
22	28:03	Katrin Van Der Spiegel	21.39	GP8 Female Solo	Katrin Solo
23	28:20	Katrin Van Der Spiegel	21.18	GP8 Female Solo	Katrin Solo
24	28:31	Lana Moy	21.04	GP4 Female Solo	Lana Moy
25	28:31	Rachelle Koster	21.04	GP4 Mixed Team 2	Geko
26	28:33	Katrin Van Der Spiegel	21.02	GP8 Female Solo	Katrin Solo
27	28:33	Katrin Van Der Spiegel	21.02	GP8 Female Solo	Katrin Solo
28	28:47	Vanessa Boatwright	20.85	GP4 Mixed Team 2	Team Boatwright
29	28:48	Vanessa Boatwright	20.83	GP4 Mixed Team 2	Team Boatwright
30	28:55	Lana Moy	20.75	GP4 Female Solo	Lana Moy
31	28:56	Katrin Van Der Spiegel	20.74	GP8 Female Solo	Katrin Solo
32	29:05	Lana Moy	20.63	GP4 Female Solo	Lana Moy
33	29:09	Vanessa Boatwright	20.58	GP4 Mixed Team 2	Team Boatwright
34	29:14	Emily May	20.52	GP4 Female Solo	Emily May
35	29:18	Vanessa Boatwright	20.48	GP4 Mixed Team 2	Team Boatwright
36	29:36	Katrin Van Der Spiegel	20.27	GP8 Female Solo	Katrin Solo
37	29:40	Lana Moy	20.22	GP4 Female Solo	Lana Moy
38	29:49	Trudy Nicholas	20.12	GP4 Female Solo	Trudy Nicholas
39	29:58	Wendy Stevenson	20.02	GP4 Female Solo Master	Wendy Stevenson
40	30:05	Lana Moy	19.94	GP4 Female Solo	Lana Moy



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Place	Time	Rider	Av Spd	Category	Team Name
41	30:06	Joanne Fox	19.93	GP4 Mixed Team 2	JetBlack Cycling Team
42	30:22	Joanne Fox	19.76	GP4 Mixed Team 2	JetBlack Cycling Team
43	30:35	Emily May	19.62	GP4 Female Solo	Emily May
44	30:54	Joanne Fox	19.42	GP4 Mixed Team 2	JetBlack Cycling Team
45	30:55	Vanessa Thompson	19.41	GP4 Mixed Team 2	4cross
46	30:58	Emily May	19.38	GP4 Female Solo	Emily May
47	31:07	Lana Moy	19.28	GP4 Female Solo	Lana Moy
48	31:09	Wendy Stevenson	19.26	GP4 Female Solo Master	Wendy Stevenson
49	31:17	Wendy Stevenson	19.18	GP4 Female Solo Master	Wendy Stevenson
50	31:33	Vanessa Thompson	19.02	GP4 Mixed Team 2	4cross
51	31:36	Wendy Stevenson	18.99	GP4 Female Solo Master	Wendy Stevenson
52	31:37	Wendy Stevenson	18.98	GP4 Female Solo Master	Wendy Stevenson
53	31:37	Wendy Stevenson	18.98	GP4 Female Solo Master	Wendy Stevenson
54	31:38	Joanne Tulk	18.97	GP8 Mixed Team 2	Team Nutriflo Hydroponics
55	31:41	Katrin Van Der Spiegel	18.94	GP8 Female Solo	Katrin Solo
56	31:43	Lana Moy	18.92	GP4 Female Solo	Lana Moy
57	31:49	Emily May	18.86	GP4 Female Solo	Emily May
58	32:13	Vanessa Thompson	18.62	GP4 Mixed Team 2	4cross
59	32:13	Joanne Tulk	18.62	GP8 Mixed Team 2	Team Nutriflo Hydroponics
60	32:14	Emily May	18.61	GP4 Female Solo	Emily May



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Place	Time	Rider	Av Spd	Category	Team Name
61	32:15	Joanne Fox	18.60	GP4 Mixed Team 2	JetBlack Cycling Team
62	32:21	Katie Savio-Glasson	18.55	GP8 Mixed Team 2	Cupid Stunts
63	32:23	Wendy Stevenson	18.53	GP4 Female Solo Master	Wendy Stevenson
64	32:42	Katie Savio-Glasson	18.35	GP8 Mixed Team 2	Cupid Stunts
65	32:43	Vanessa Thompson	18.34	GP4 Mixed Team 2	4cross
66	32:58	Katrin Van Der Spiegel	18.20	GP8 Female Solo	Katrin Solo
67	33:04	Joanne Tulk	18.15	GP8 Mixed Team 2	Team Nutriflo Hydroponics
68	33:06	Wendy Stevenson	18.13	GP4 Female Solo Master	Wendy Stevenson
69	33:08	Lana Moy	18.11	GP4 Female Solo	Lana Moy
70	33:23	Emily May	17.97	GP4 Female Solo	Emily May
71	33:25	Joanne Tulk	17.96	GP8 Mixed Team 2	Team Nutriflo Hydroponics
72	33:26	Emily May	17.95	GP4 Female Solo	Emily May
73	33:35	Joanne Tulk	17.87	GP8 Mixed Team 2	Team Nutriflo Hydroponics
74	33:41	Katie Savio-Glasson	17.81	GP8 Mixed Team 2	Cupid Stunts
75	33:45	Rosie Stewart	17.78	GP4 Female Team 2	Rolex
76	33:52	Shelley Mulhern	17.72	GP4 Female Team 2	Sueshell
77	33:53	Joanne Tulk	17.71	GP8 Mixed Team 2	Team Nutriflo Hydroponics
78	33:56	Katie Savio-Glasson	17.68	GP8 Mixed Team 2	Cupid Stunts
79	34:02	Katie Savio-Glasson	17.63	GP8 Mixed Team 2	Cupid Stunts
80	34:04	Susan Gray	17.61	GP4 Female Team 2	Sueshell



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Place	Time	Rider	Av Spd	Category	Team Name
81	34:21	Katie Savio-Glasson	17.47	GP8 Mixed Team 2	Cupid Stunts
82	34:38	Susanne Lawrence	17.32	GP4 Female Solo Master	Zumbatime
83	34:44	Shelley Mulhern	17.27	GP4 Female Team 2	Sueshell
84	34:51	Emily May	17.22	GP4 Female Solo	Emily May
85	34:54	Susan Gray	17.19	GP4 Female Team 2	Sueshell
86	34:55	Susan Gray	17.18	GP4 Female Team 2	Sueshell
87	35:13	Susanne Lawrence	17.04	GP4 Female Solo Master	Zumbatime
88	35:24	Lauren Rennick	16.95	GP4 Female Solo	Lauren Rennick
89	35:31	Susanne Lawrence	16.89	GP4 Female Solo Master	Zumbatime
90	35:34	Shelley Mulhern	16.87	GP4 Female Team 2	Sueshell
91	35:39	Katie Savio-Glasson	16.83	GP8 Mixed Team 2	Cupid Stunts
92	36:19	Lauren Rennick	16.52	GP4 Female Solo	Lauren Rennick
93	36:30	Lauren Rennick	16.44	GP4 Female Solo	Lauren Rennick
94	36:33	Rosie Stewart	16.42	GP4 Female Team 2	Rolex
95	36:39	Lauren Rennick	16.37	GP4 Female Solo	Lauren Rennick
96	36:41	Lauren Rennick	16.36	GP4 Female Solo	Lauren Rennick
97	37:00	Rosie Stewart	16.22	GP4 Female Team 2	Rolex
98	37:03	Lauren Rennick	16.19	GP4 Female Solo	Lauren Rennick
99	37:08	Susanne Lawrence	16.16	GP4 Female Solo Master	Zumbatime
100	37:49	Susan Gray	15.87	GP4 Female Team 2	Sueshell



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Place	Time	Rider	Av Spd	Category	Team Name
101	41:22	Susanne Lawrence	14.50	GP4 Female Solo Master	Zumbatime
102	42:17	Siobhan Blacket	14.19	GP4 Mixed Team 2	Rainbow X
103	44:11	Siobhan Blacket	13.58	GP4 Mixed Team 2	Rainbow X
104	44:27	Angelique Geilen	13.50	GP4 Female Solo Master	Angelique Geilen
105	44:33	Alex Heggie	13.47	GP4 Female Team 2	Rolex
106	44:41	Angelique Geilen	13.43	GP4 Female Solo Master	Angelique Geilen
107	44:43	Siobhan Blacket	13.42	GP4 Mixed Team 2	Rainbow X
108	45:18	Lynne Higgs	13.25	GP4 Mixed Team 3	Flying Eagles
109	45:47	Angelique Geilen	13.11	GP4 Female Solo Master	Angelique Geilen
110	45:48	Lynne Higgs	13.10	GP4 Mixed Team 3	Flying Eagles
111	46:36	Alex Heggie	12.88	GP4 Female Team 2	Rolex
112	48:34	Alex Heggie	12.35	GP4 Female Team 2	Rolex
113	48:47	Angelique Geilen	12.30	GP4 Female Solo Master	Angelique Geilen
114	50:41	Angelique Geilen	11.84	GP4 Female Solo Master	Angelique Geilen
115	01:03:05	Susanne Lawrence	9.51	GP4 Female Solo Master	Zumbatime