

HEADS UP FOR ALL RACERS



Last update: 27 July 2013
By: Race Director

Communique

Flow Rollercoaster NSW/ACT State Round 3, Stromlo Forest Park

Race Director: Martin Wisata
Chief Commissaire: Juliane Wisata

If you have any problems or requests regarding the race, please talk to the Chief Commissaire or Race Director right away.

Race set up:

- 3 timed sections via 2 loops
- Use chip to start/finish and claim times

Loop 1:

- Starts at official start zone below Mount Stromlo summit
- **Timed Race Run 1: Skyline - Luge combination :**
On map = DEUBEL TRAIL
- Have race run RECORDED to CLAIM time at event centre/finish by Chief Commissaire
- Ride back up / Catch shuttle back up.

Loop 2:

- Starts at official start zone below Mount Stromlo summit towards Pork Barrell
- **Timed Race Run 2: Pork Barrel + Double Dissolution:**
On map = KNOLLY TRAIL
- CONTINUE via fireroad to start of Timed Race Run 3
- **Timed Race Run 3: Party Line-combo :**
On map = JETBLACK-CELL TRAIL
- Have race runs RECORDED to CLAIM time at event centre/finish by Chief Commissaire.

HEADS UP FOR ALL RACERS

General race rules:

- You ride via the Blue Gum trail or shuttle up the road - this time does not count.
- You race down on pre-determined tracks - these times do count.
- No shortcutting the track, even if it is not bunted.
- You are issued a timing chip and need to clock yourself in and out of each race run.
- Race numbers must be displayed on the handlebars of the bicycle. The number plate must be readable, so it must be fastened as flat as possible. Altering, cutting or placing of unauthorized sponsors' logos on numbers will result in a penalty. You can keep your number plate as a memento of your race.
- Riders must register before they will be allowed to practice.
- Riders must present their MTBA membership card at registration or purchase a MTBA day permit.
- All riders must wear a bike helmet that has been authorised by Australian Standards (or approved international standard) at all times when riding and racing. You will be required to wear fully enclosed foot wear and gloves are recommended.